

ROTARY CLUB OF VALSAD MAGAZINE Rotary 🛞 🔅 MAGINE Club ID.: 15159 | RID: 3060 | RIY: 2022-23



JULY





Jennifer Jones *RI President* Rtn. Shrikant Indani Dist. Governor

nt Indani Rtn. Swati Shah vernor President

hah Rtn. Nirali Gajjar Hon. Secretary

PRESIDENT MESSAGE

Dear fellow Rotarians,

Milestone is a medium of exchange through which members can share ideas and feeling. I am happy to communicate through this platform with you every month. Being the first lady President in the long annals of RCV is thrilling but puts the additional burden of performance and proving worthy of the trust bestowed on me, especially in view of the fact that my predecessor Dipeshbhai has raised the bar to dizzy heights! Luckily I have known RCV from very close quarters from the time late PP Pradyumnbhai Shah, my father in law and PDG Anish Shah with whom I had the opportunity to interact with many Rotarians in the District and outside. That experience will stand by me in the hours of difficulties. I have been lucky to have a very strong support from Board & from various individuals who are available on the beck and call any time.



July month was very hectic and the projects mainly involved humanitarian help provided to the recent flood effected populace around Valsad. These are chronicled in details ielsewhere in the bulletin.

August month augers many exciting events which will unfold as the right time. Significant amongst them is induction of new members in to the Rotary family. Orientation and Training are inseparable exercise following induction. Importance and necessity of it is explained in the article on the subject in the bulletin.

To describe the activities in month of July in a nut shell, raincoat distribution to school going children, distribution of "Annapurna Kits" and blankets to the flood affected areas. Other house hold items like bed sheets, clothes, sarees, and medicines were also distributed. Medical camps in collaboration with Relianc Foundation at different locations provided much need relief to the affected. Stationery and note book distribution was a mega event covered under 'Education and Literacy' focus of RI. I am happy to appraise members on our permanent project Rotary Physiotherapy Centre at Halar is growing from strength to strength and expanding its reach to the community.

July has gone by with very satisfactory memories and the work carried out. I hope the energy & enthusiasm continues and we are able to prove ourselves true to our motto "Service Above Self"!

Regards, Swati Shah.

MEETINGS OF JULY 2022

AG visit to club

Assistant Governor Siddharth Mehta visited the club to brief the members regarding DG's vision for the year 2022-23. The board members also gave a fair idea about their planning for the year. The notebook distribution project was also launched during the meeting.



Experience sharing of RFE team to Brazil

A special meeting was organized for the experience sharing of RFE team that went to Brazil in May 2022 where District RFE chair Rtn. Praful Dewani also attended the meeting.



Felicitation of Officers of Reliance Foundation

Rotary Club of Valsad felicitated Officers of Reliance Foundation for joining hands with our Club for the distribution of 1000 Ration kits and conducting 4 Medical Camps with beneficiaries upto 800.











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PROJECTS FOR THE MONTH OF JULY 2022

Notebook Distribution

RC Valsad with the vision to uplift the society by helping the students with getting proper education, distributed more than 12500 nos. of A4 size good quality notebooks to the students of various government aided school in Valsad and its surrounding areas. Each student was given 4 notebooks, for a token price of Rs. 5/- each. In the month of June we again started receiving calls with request for notebooks as the studies of students was getting hampered due to lack of notebooks. Month of June was extremely happening at RCV with back to back projects leaving no room to accommodate the notebook project but it remained in the minds of the team members that the students need notebooks and this requirement cannot be left unattended as no compromise can be done with the education of students. Immediately in the month of July the notebook project was taken up and 10000 nos. were printed & distributed to the students. The projects was completed in record time with the support of all the donors. Lead donor for the cover page was Nirmalaben Kishorebhai Desai, Science & Commerce College, Killa Pardi.

Rotary Blood Donation Camp

With the mission of doing good for the society in every possible way, Rotary Blood Donation Camp was organised on 03/07/2022 at Rotary Hall in association and support of Rotract Club of Valsad, Loins Club Tithal Road and Indian Medical Association. 60 units of blood were collected on the day.

Raincoat Distribution at Vejalpore

Raincoats were given to the students of our adopted village Vejalpore. More than 120 children were given raincoats with Rotary logo printed on them, so that during the long rainy season the children do not face hardship and attend their school comfortably and regularly with no hindrance to their studies. Children were given biscuits on the day. The raincoats were sponsored by Rtn. Manoj Jain, Rtn. Sanober Shroff and President Swati Shah.

Project Annapurna

Caring for the 25 families from economically very weak section of the adopted village Vejalpore, Rotary Club of Valsad provided all the 25 needy families with Ration Kit enough for one month. Total cost of Rs.18000/- for all kits. The Kit contained sufficient ration like Oil, Flour, Rice,Toor Dal and Masalas. The complete project was sponsored by Rtn. Shantubhai Vasava on the occasion of his birthday.





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PROJECT









ROTARY YEAR - 2022-23

Rotary Club of Valsad

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Flood Relief Works & Medical Camps

In the month of July nature played havoc, torrential rain lashed out in Valsad district and it's surrounding areas. The area were flooded but the low lying areas were completely submerged, leaving the residents of the area at the mercy of God, as all they had their home, food, clothes were all ruined by the flood waters. Rotary Club of Valsad along with many other NGO's came forward to the help of these badly affected people with Food Kits, Drinking Water, Mats, Clothes, Sarees, Biscuits, Medicines trying to provide help in whatever way possible. President Swati Shah was on her toes organising the relief work even when the area she lives in got flooded. Swati and her team worked tirelessly day and night to help the people affected by floods. After the flood water recedes disease starts spreading. To prevent another epidemic, Four Medical Camps were organised in association with the Reliance Foundation and Rotaract Club of Valsad where the patients were diagnosed and given free medicines arranged by Rtn.Amar Parikh. 1st Medical Camp was organised at Mograwadi Urban Health Center, more than 142 patient took benefit of this camp. 200 Students were given dental check up and Dental Kits were given to them. PDG Dr. Nilax Mufti, Rtn. Dr. Mitesh Modi, Rtn. Dr. Dhara Aashra, Rtn. Dr. Sonam Mufti and Dr. Samiksha Shah gave their valuable services. 2nd Medical Camp was held at Vaav Faliya Abrama. 150 patients were given treatment and free medicines. Dr. Nishesh & Dr. Dhavani Bharucha gave their services for the noble cause. 3rd Medical Camp was held at Hanuman Bhagada PHC Bhadeli, 160 patients were diagnosed and given free medicines. 4th Medical Camp was at Valsad Pardi, 160 patients were treated, in all the camps more than 600 Dental Kits were given to the people. With the president of RC Valsad, leaving no stone unturned was fully supported by her team of dedicated Rotarians Manoj Jain, Hitesh Patel, Rajesh Patel, Paresh Sadrani, Nirali Gajjar, Anish Shah, Shantubhai Vasava, Jinal Mehta, Amish Shah, Tushar Desai, Amar Parekh, Kashmira Vasani, Premal Shah, Sanober Shroff, Devang Modi, Japan Shah, Nirmal Desai, Dipesh Shah, Chandresh Shah, Mayur Mistry, Pratik Parekh, Dhaval Shah, Vijay Desai, Dharmin Shah, Anand Dak, Dushyant Desai, Mahesh Bhanushali, Sushant & Suneeta Banerji, Rotaract President Dipa Panwala with her team of Rotaractors Raj, Nishant, NCC cadets all of them worked with remarkable energy to be of help to somebody.

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Ration Kit Distribution

Reliance Foundation came forward with 1000 ration kits for the people displaced by floods in Valsad. They got in touch with Rotary Club of Valsad to partner with them to distribute the ration kits. The system of identifying and Giving the kit was very well planned and utmost care was taken to see that the ration kits reach the actual needy. In a span of just three days these 1000 ration kits were given to the flood affected people, thereby providing much needed relief to the affected people.





Free Physiotherapy Camp

Free camp was organised at the Rotary Physiotherapy Centre for 4 days. 20th July, 23rd July, 27th July & 30th July. 50 patients took the benefit during these 4 days of Free Physiotherapy Camp. Many patients avoid going for the Physiotherapy treatment due to the cost involved, but they came to the centre to get treatment in the Free Camp.



Raincoat Distribution at Nandavala & Saron 80 Raincoats, 320 Notebooks, 80 Library Books and 80 Compass Box were

given to the students of Nandavala Prathmik Shala, Nani Saron Prathmik Shala and Moti Saron Prathmik Shala. The project was sponsored by Rtn. Manoj Jain, Rtn. Sanober Shroff, Rtn. Hitesh Patel and President Swati Shah.







Supporting Sports in Valsad

Rotary club of Valsad believes in encouraging sports in Valsad, especially in the lower and underprivileged section of the community. And with that belief one of the Football player, Mr. Kunjan Chandrakant Garadiya was sponsored to get Football Coach Training in Canada. On behalf of Rotary club of Valsad, he was given best wishes along with monetary help from PP Hitesh Patel.



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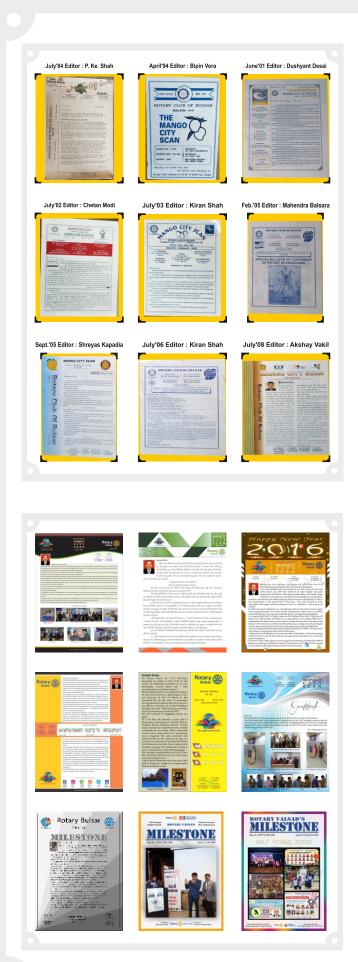
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ROTARY

HISTORY OF MILESTONE!!



Transformation of Club Bulletin

Our club bulletin, at the time of its inception was named "Mango City Scan", way back in 1984. It was started by Late PP Pradyumnbhai Shah, father of PDG Anish Shah. According to him the name came out on the spur of the moment since Valsad in those days was a hub of mango market. So "Mango City". Scan was added for no other reason but to make it "sound contemporary and attractive!"

The design and printing was in accordance with the available and affordable technology existing then. Matter was typed on old type writer and the pages were cyclostyled. Since no proof reading was done, list of errata in the subsequent issue was a norm. No picture, only text matter. With the passage of time, the bulletin adopted itself to newer methods of printing and designing. From cyclostyling to silk screen printing to offset printing on glossy paper in multicolor and now e bulletin. The MCS has seen it all within the span of 38 years! WHY Milestone?

Some members of the young generation felt that "Mango City Scan" had diminished some relevance over a period of time, in view of the fact that Valsad had lost the position of imminence and was no more the hub of mango market. Beside the name was longish and very traditional. It was then decided to change the name reflecting 'new age' look and in synch with modern times. The year was 2018. Milestone is placed on the road side and are indicative of the distance travelled so far and to remind us of how far the destination (goal) is from here on. RI has seen a sea change in its structure, working style, its projects in terms of spread and usefulness. Membership profile too has seen drastic changes. So has the RCV in its status and size. RCV has existed for 64 years and still going from strength to strength. The first lady President and Secretary for the club, membership number (100+) itself are a milestone achievements. Milestone name will remain for good!

"MILESTONE" will remind us of 'Miles to go before I sleep!' (Robert Frost)

Rtn Akshay Vakil 22-07-22

MILESTONE

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IMPORTANCE OF ORIENTATION & TRAINING



Orientation by definition is an act or process by which information is passed on to a new inductee or employee in the organization, an institution or an association of people (NGO). The idea is to introduce her to work culture, ethics, organizational structure, product/market etc. to create an atmosphere of confidence & help you to amalgamate in the company atmosphere. Irrespective of the size and strength of the organization, orientation and training are inevitable parts of learning process about the organization. Though orientation and training serve the same purpose, they differ in approach and accepted end-results.

In fact for Rotary O & T carries extra importance not only for smooth functioning but also for its own survival! You will be surprised to know that Rotary has to run more efficiently and effectively than any multinational organization for the fact that there are more than 32,000 clubs (1.2 million members) spread over 165 counties in the world with different cultures, religions and ethnicity. The efforts required to maneuvering them to a common goal is a Herculean task. Yet year after year it gets done smoothly and effortlessly, thanks to Rotary's well defined and laid out O & T programs!

On 1st of July every club gets its new president including RI President at HO without hitch or disarray!

Orientation deals with making you aware of Rotary's core philosophy and goals. You will be made familiar with the structure & hierarchy, responsibilities and practices and processes prevalent in its working which will help you running the club smoothly on day to day basis. You will be encouraged to get involved and get experience to take up higher responsibility later. For an ambitious new comer, the road map to rise in rank in Rotary has been made smooth and possible!

The second part of the program is training! A brief definition of 'training' would not be out of place here! Training is an interactive process of imparting skills, bringing discipline in a way you think, act and respond to a given situation (like military training or sports regime) and benefits the organization by adding efficiency and enhanced quality! Training means bringing competence level and ability to perform at some common accepted level. Training is a great motivator and bring out dormant leadership qualities in you adding to personal growth and work satisfaction.

O & T program will be held in Aug/ Sept period in our club also. I would urge new members & those who have missed out earlier to attend without fail for the personal and organizational benefit. A well informed and well trained Rotarian is an asset to the Rotary.

MEDIA COVERAGE



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"My first year with Rotary club of Valsad..." - by Rtn. Dr. Dhara Ashra

" I was introduced to the club by Rtn. Jayshree Rana. My husband Dr. Limkesh has been a Rotarian since 2007, so I was already acquainted with the activities associated with Rotary club and I hoped to do my bit for the society. Before joining the club I was a bit sceptical and had butterflies in my stomach, almost felt like my first day at school... new people, new environment... I hardly knew few people in the club. The first project I participated in was the Teacher's talent Program on the 5th of September 2021 and that's the day I learnt my first lesson of Rotary which was ACCEPTANCE and INCLUSION, I was so readily accepted and included by my fellow Rotarians that I felt at home from the first day itself. All thanks to project chair Rtn. Sanober Shroff. I must thank my stars for having Rtn. Dipesh Shah as the club president for my first year, his energy, enthusiasm and zest for life are contagious. One word that I learnt from him was " $\mathfrak{US} \mathfrak{VQ}$ ", and he along with his team made sure that things were done. Later, along with other doctors we served at a medical camp for school kids in the interiors of Dharmapur... the dip in the fresh water streams post camp will remain etched in



my memories forever. The back to school project was heart warming. The education fair was a path breaking step for Rotary club of Valsad. The way Rotary Physiotherapy centre was launched and managed was amazing, the drama show arranged for college students to create awareness amongst them was very thoughtful. All in all the service projects list during the whole year is never ending and deserves a great applause. Along with the service projects I thoroughly enjoyed the kids garba competition, the Sharad Purnima celebration, the family gathering was fun, and each and every club meeting that I managed to attend was pleasant. In today's digital world where birthdays and anniversary wishes have been reduced to a mere social media post or a WhatsApp message, my fellow Rotarians made it special by coming home to wish me personally which truly made my day♥ I thought that I had hit a plateau in my life where I thought I may not be able to learn anything further in life, but Rotary came along & started teaching a new lesson everyday. For example "let's do it" by president Rtn. Swati shah, "will be done" by Rahul Dravid of club Rtn. Hitesh Patel, "love life" by forever 21 Rtn. Akshay Vakil, Rtn. Shantubhai Vasava and Rtn. Mahendra Bulsara, "The Wikipedia of Rotary" by Rtn. Bhavin Shah, "Always stay calm and at peace" by Rtn Amish Shah, "Dedication" by PDG Dr Nilax Mufti and PDG Anish Shah, "perfection" by Rtn. Mahesh Bhanushali, "તમસો મા જ્યોતિગંમય" by Rtn. Tushar Desai, "love life and Have fun" by Rtn. Sanober, Rtn. Nirali Gajjar and Rtn. Jinal Mehta, "keep smiling" by Rtn. Kashmira Vasani & Rtn. Premal Shah, "know your numbers" by club treasurer Rtn. Chirag Desai and Rtn. Jignesh Vasani, the loving words of Dushyant uncle "દીકરા જમજે" remind me of my late father. I have loads to learn in public speaking from Rtn. Anand Dak & Rtn. Mayur Shah, the list has no end.... There are 102 members in the club and I'm yet to meet many of them. I'm sure that meeting them would be equally joyful. I hope to attend more meetings and hope to take out more time for projects in the future and to give back to society and the club in my capacity. All in all my first year with rotary went by in a blink, and with each new project coming up every month, the stagnancy in life is replaced by constant excitement, new challenges and an adrenalin rush..... keep it coming.... I'm lovin it!!! " - Dhara.

RI UPDATES



Rotary awards its highest recognition to HRH Prince Charles, Prince of Wales

KIGALI, Rwanda (June 24, 2022) – In recognition of his longstanding focus on nature-based solutions to address the climate crisis, Rotary presented HRH Prince Charles with its highest honour: The Rotary Award of Honour.

Presented by Shekhar Mehta, Rotary International President 2021-22, at a private audience during the Commonwealth Heads of Government Meeting (CHOGM) in Kigali, Rwanda, Mehta expressed appreciation for the dedication of His Royal Highness toward sustainability and biodiversity and noted Rotary's shared commitment to protecting the environment.

Apply to serve on the 2022-23 Youth Advisory Council!

Youth voice is so important in making innovative, strategic, and lasting change for Rotary's youth programs – so join this movement to share your voice on behalf of young people around the world! Youth program participants, alumni, and Rotary members are invited to serve at the international level & advise the Board of Directors of Rotary International to shape the future of our youth programs. The Youth Advisory Council is comprised of two current Interactors or Interact alumni, two recent RYLA alumni, and two recent Rotary Youth Exchange alumni, three member (Rotarian or Rotaractor) advisers with experience in youth programming either as program alumni or as club/ district leaders.



We are seeking applicants to fill the Rotary Youth Exchange and RYLA participant/ recent alumni & adviser positions only with this application. The Interact representatives to this Council will be appointed to this Council from the already selected Interact Advisory Council.



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CELEBRATIONS OF JULY



Birthday of PDG Dr. Nilax Mufti 01/07/2022



Birthday of PP Shantu Vasava 14/07/2022



Birthday of PP Vijay Desai 25/07/2022





Birthday of Rtn. Manish Bharucha 26/07/2022

Anniversary of Rtn. Kishore Tolani

28/07/2022

Birthday of Rtn. Manoj Jain 26/07/2022



Anniversary of Rtn. Tushar Desai 28/07/2022

SECRETARIAL ANNOUNCEMENTS

Dear Rotarian Friends,

We would like to thank all the Rotarians, whose birthdays and anniversaries have been in the month of July for their generous contribution to the club. The contributions are as follows-

- 1. PDG Dr. Nilax Mufti Rs. 5000/-
- 2. PP Vijay Desai Rs. 1000/-
- 3. PP Shantu Vasava Rs. 18000/-
- 4. Rtn. Tushar Desai 5000/-

So the total contribution received is Rs. 29000/-

Thanks once again! *Rtn. Nirali Gajjar, Club Secretary.*

Thank you!

Celebrations create memories... Let's create some more!!

FROM THE EDITORS...

A new Rotary year begins with a thunder, for the first time in the history of Rotary Club of Valsad a women is the president of the club along with another female as the Hon. Secretary, perfect women empowerment. Every day is a new beginning which gives you the chance to learn from the mistakes made and opportunities missed yesterday and perform your best once more. The month of July was overworked, with Notebook project, Flood Relief Work and Back to School project, the team was running against the time as all the projects needed extra attention & were time bound. Every project was very nicely executed with minute planning it was all incredible.

Thanks!

Team Milestone -Rtn. Akshay Vakil, Rtn. Bhavin Shah, Rtn. Chirag Desai, Rtn. Nirali Gajjar & Rtn. Sunil Jain.



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ROTARACT ACTIVITIES

Projects/ Activities done in the month of July '22

1. Installation Ceremony (1st July)

- 2. Charter day (1st July)
- 3. National Doctor's and CA day (1st July)
- 4. Project Water wise
- 5. Blood donation camp (3rd July)
- 6. Food distribution at Auranga river (11th July)
- 7. Food distribution at Valsad Pardi (12th July)
- 8. Arpan 6.0 (12th July)
- 9. Food distribution (14th July)
- 10. Saree distribution at Kailash road (16th July)
- 11. Clothes distribution with Rotaract club of Sarigam (17th July)
- 12. Food distribution with Rotaract club of Sarigam (17th July)

- 13. Blankets and mats distribution (17th July)
- 14. Medical camp at Mograwadi (21st July)
- 15. Medical camp at Vaav faliya (22nd July)
- 16. Pad distribution at Virval village (24th July)
- 17. Food packet distribution (24th July)
- 18. Tree Plantation at Virval village (24th July)
- 19. Ration kit distribution (27th July)
- 20. Ration kit distribution (28th July)
- 21. Food distribution at Kashmir Nagar (29th July)
- 22. Medical camp at Hanuman bhagda (22nd July)
- 23. Ration kit distribution (29th July)
- 24. Project Maitri 6.0 (30th & 31st July)



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